



# CERTIFICATE OF PARTICIPATION

This acknowledges that

RAHMAN BIN OMAR

01:19:13

.....  
has successfully participated in

**Larian Minda Sihat 2018**  
(15km Competitive Run)

on 21st October 2018

in conjunction with  
**World Mental Health Day**

Co-organized by



VALE



**Toh Seri Bijaya**

Lt.Kol. Dato' Shaharudin bin Hj Nazari (Bersara)

Orang besar Jajahan Manjung

Merangkap Penaung

Persatuan Pembangunan Minda Sihat Daerah Manjung